

# Double-Goal Coach® Game Plan

## Filling the Emotional Tank:

**Featured Tool:** Increase your +/- ratio.

Describe how you plan to increase your +/- ratio of positives to criticisms with the athletes on your team.

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**Additional Tools** (circle 1-2 you plan to use)

- Buddy System
- Positive Charting
- Winner's Circle

## ELM Tree of Mastery:

**Featured Tool:** Rewarding unsuccessful effort.

Describe ways in which you plan to reward effort, especially unsuccessful effort, with the athletes on your team.

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**Additional Tools** (circle 1-2 you plan to use)

- Talent Trap - Growth Mindset
- Mistake Ritual

## Honoring the Game:

**Featured Tool:** Model and Teach Honoring the Game.

Describe how you plan to model and teach honoring the game to the players and parents on your team.

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*continues*

## Double-Goal Coach Game Plan, continued

### Additional Tools (circle 1-2 you plan to use)

- Use Narrated Modeling To Make Your Point
- Develop a Self-Control Routine
- Parent tools: Set the Table with a Parent Letter and Parent Meeting